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	QP Code	PWD/AMH/Q0301				
	Originating Sector	Apparel Made-Ups & Home Furnishing				
S. No.	NOS Details	Questions	Choice A	Choice B	Choice C	Choice D
1	AMH/N0102: Maintain work area, tools and machines	Which of the following actions helps in maintaining a clean working area as a sewing machine operator?	Leaving fabric scraps on the floor	Disposing of waste materials in bins	Ignoring spills and stains on the surface	Storing materials and tools haphazardly
2		Identify the equipment shown in the image given below:	Thread guard	Finger guard	Sewing pin	Thread holder
3		Proper cleaning of the sewing machine helps to _____.	extend the life of the thread	reduce the machine's speed	prevent needle breakage	maintain optimal stitching quality
4	AMH/N0103: Maintain health, safety and secure work place with Gender and PwD Sensitization	Identify the sign used for PWD (Person with disability).				
5		Mock drills and group discussions contribute to developing a _____ mindset among sewing machine operators.	Complacent	Reactive	Proactive	Routine
6		Which of the following is a key goal of the Training Sensitization Programs for Gender and PwD Awareness?	Improving machine maintenance skills	Encouraging gender-specific roles in the workplace	Creating an inclusive and respectful work culture	Reducing the number of sewing machine operators
7		Identify the sign shown in the image given below. 	Fire exit	Entrance gate	Safe area	Way to canteen
8		What does PwD security stand for in the context of a sewing machine operator's responsibilities?	Personal wardrobe design	People with Delicate materials	Personal work discipline	People with Disabilities
9	AMH/N0104: Comply with industry, regulatory and organizational requirements and Greening of Job roles	Which of the following best represents "greening solutions" in the context of sewing machine operations?	Increasing water usage to clean fabrics	Using biodegradable sewing threads	Maximizing energy consumption	Disposing of waste materials in landfills
10		How can a sewing machine operator contribute to sustainable consumption practices?	By constantly upgrading to newer sewing machine	By prioritizing production speed	By using energy-efficient sewing machines.	By ignoring proper maintenance of sewing machines.
11		Proper handling of materials and equipment is essential to _____ in the sewing process.	minimize productivity	ensure safe and efficient operations	discourage environmental-friendly practices	reduce fabric waste

12		Regular cleaning of the sewing machine and its components is crucial to _____	Increase maintenance costs	Void the machine's warranty	Improve sewing speed	Maintain performance and extend the lifespan.
13		Which cleaning method is typically suitable for removing oil or grease stains from fabrics in a sewing workshop?	Applying a mixture of vinegar and water.	Spot cleaning with a gentle fabric cleaner.	Rinsing the fabric under running water.	Using a degreaser or solvent
14		Which of the following is a potential benefit of timely software upgrades for a sewing machine operator?	Increase in the number of sewing orders received	Decrease in the need for regular maintenance	Improved productivity and efficiency	Elimination of the need for backup files
15		How does maintaining soft copies of design work benefit the sewing process?	It speeds up the sewing machine's operation.	It reduces the need for skilled operators.	It provides a visual reference for complex designs.	It eliminates the need for thread adjustments.
16	AMH/N0301: Carry out stitching activities using machine or by hand	Identify the additional working part used for creating an even stitch along the edge of the materia.				
17		Which part of a sewing machine is critical to select correctly when working on a specific style?	The thread tension mechanism	The needle size and type	The machine's power switch	The presser foot height adjustment
18		Identify the equipment used to hold fabric pieces and linings together temporarily during the sewing process.				
19		You find a small tear in one of the cut panels while sewing. What action should you take?	Ignore the tear as it won't be visible	Sew over the tear multiple times	Report the tear to the supervisor or quality checker	Apply adhesive or fabric glue to mend the tear
20		Arrange the following steps of the sewing process in chronological order: a) Cutting the fabric pieces as per the pattern b) Threading the sewing machine and bobbin c) Ironing and pressing the fabric d) Sewing the fabric pieces together e) Finishing the seams and trimming	a>c>b>d>e	a>b>d>c>e	a>e>b>d>c	a>d>b>c>e
21		Which components should the sewing machine operator adjust during the setup process to match production requirements?	Thread tension and stitch length	Sewing machine color and appearance	Sewing machine color and appearance	Needle storage compartment

22	Properly cut threads prevent _____ of the sewing machine and fabric.	Tangling	Sliding	Stretching	Illuminating
23	During a test sewing run, the sewing machine operator examines the stitching to check for:	The length of the fabric used	The overall color scheme of the project	The quality and appropriateness of the stitching	The availability of sewing accessories
24	Identify the component of a sewing machine. Which protects the operator from potential needle-related accidents?				
25	Identify the given equipment shown in the given image: 	seam ripper	needle strainer	sewing awl	Pinking Shears
26	Stitching the materials in the wrong sequence may lead to _____ products.	consistent	quality	standardized	flawed
27	During the inspection process, which of the following is NOT considered a common specification to check against?	Stitch length	Thread color	Needle type	Fabric pattern
28	After completing self-checking, the sewing machine operator should:	Return the item to the cutting department	Deliver the item to the packaging department	Pass the item to the next manufacturing process	Continue sewing without further inspection
29	If a sewing machine operator notices uneven stitching or skipped stitches, what is the most likely cause?	Incorrect machine threading	Inadequate fabric preparation	Insufficient lubrication of machine parts	High machine speed

30		Identify the tool used for cleaning the bobbin area of the sewing machine..				
31		Identify the given equipment shown in the given image: 	Linear regulator	Tension regulator	Oiling equipment	switching regulators
32	AMH/N0302: Contribute to achieve product quality in stitching operations	You notice that the sewing machine's needle is bent while working on a project. What is the appropriate step to take?	Replace the needle after finishing the current task.	Ignore the bent needle and continue sewing	continue working as it may not affect	Stop the machine and replace the bent needle.
33		As a sewing machine operator, what is the best way to achieve a safe and efficient work rate?	Sacrifice safety to maintain a high work rate	Cut corners to speed up the sewing process	Follow standard operating procedures	Avoid using safety equipment to save time
34		To ensure a steady flow of production, the sewing machine operator needs to:	Operate multiple sewing machines simultaneously	Monitor and adjust the sewing machine's speed continuously	Limit the number of sewing projects	Take regular breaks to prevent fatigue
35		Which of the following is a common quality parameter to check for during sewing machine operations?	Employee attendance	Ambient room temperature	Thread tension	Office supplies inventory
36		If a sewing machine operator notices that the fabric is bunching up while sewing, what should be their immediate course of	Increase the sewing speed	Ignore the issue and continue sewing	Stop the machine and check for any tangled threads	Take a break and let someone else handle the machine.
37		You are a sewing machine operator inspecting a batch of garments. You notice that some of the components have creases. What could be the possible cause of this issue?	Improper machine threading	Incorrect stitching tension	Using the wrong fabric type	Excessive machine speed
38		You notice that the sewing machine's needle keeps breaking repeatedly. What should you do?	Continue sewing and replace the needle	Report the issue to the person in charge	Try to adjust the needle yourself	Use a different type of thread
39		To ensure consistent quality, a Sewing Machine operator should:	Ignore minor defects	Rely solely on automated inspections	Perform routine checks and adjustments	Delegate quality control to other team members
40		What could be a consequence of failing to maintain documentation as directed by the supervisor?	Receiving a promotion	Improved teamwork and collaboration	Facing disciplinary action	Winning an award for craftsmanship